

## Skills for Success Curriculum Resource Cover Page

### e-Channel Organization

The LearningHUB

### Curriculum Resource

#### *Thriving as a Family*

This course teaches strategies to help the Learner improve and maintain positive relationships in their household. In this course, Learners will learn how to:

- set family goals
- manage household spending
- become a savvy shopper
- get involved in their community
- get active and stay active
- use tips and tricks to mentally reset
- create and practice the transferable skills needed to thrive in a quickly changing world, both at home and at work

### OALCF Alignment

Competency	Task Group	Level
Competency A -Find and Use Information	A1. Read continuous text	1
Competency A -Find and Use Information	A1. Read continuous text	2
Competency A -Find and Use Information	A2. Interpret documents	1
Competency B - Communicate Ideas and Information	B2. Write continuous text	1
Competency B - Communicate Ideas and Information	B3. Complete and create documents	1b
Competency C - Understand and Use Numbers	C1. Manage money	1
Competency D - Use Digital Technology	N/A	1
Competency E - Manage Learning	N/A	1

**Goal Paths (check all that apply)**

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Employment   | <input type="checkbox"/> Postsecondary           |
| <input type="checkbox"/> Apprenticeship          | <input checked="" type="checkbox"/> Independence |
| <input type="checkbox"/> Secondary School Credit |  |

**Embedded Skills for Success (check all that apply)**

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> Adaptability              | <input checked="" type="checkbox"/> Numeracy        |
| <input checked="" type="checkbox"/> Collaboration             | <input checked="" type="checkbox"/> Problem Solving |
| <input type="checkbox"/> Communication                        | <input checked="" type="checkbox"/> Reading         |
| <input checked="" type="checkbox"/> Creativity and innovation | <input type="checkbox"/> Writing                    |
| <input checked="" type="checkbox"/> Digital                   |   |

**Notes:**